

Empowering rural women through KVK's training programmes: an impact assessment

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Received: 01.08.2020; Revised: 27.10.2020; Accepted: 17.11.2020

■ **ABSTRACT :** The aim of this study is to assess the impact of KVK training programmes on knowledge and adoption of rural women about home science technologies. The present study was carried out with the sample size of 260 rural women. These rural women were categorized into two groups, *i.e.* trained and untrained having 130 women in each. The results of the study that majority of the trained women (60%) belonged to high level of knowledge followed by medium (24%) and low (16%) about detergent and soap making. Data further reported that more number of trained women (60%) belonged to high level of and soap making, *Bajra* and moth products, aonla products, bakery products and henna products. The adoption followed by medium (20%) and low (20%) level category with respect to detergent and powder making. The overall knowledge level of trained group was high from untrained group in moth and *Bajra* products, aonla products, bakery products and henna products. With respect to adoption, majority of trained women belonged to high level of adoption in detergent and soap making, moth *Bajra* products, bakery products and medium level in aonla products and henna products. Out of total variables size of land holding in trained group exhibited significant and positive relationship with knowledge level and family income had shown positive and significant relationship with knowledge level of untrained group as regard to home science technologies. Size of land holding exhibited significant but negative relationship with respect to adoption level of home science technologies. More than forty five per cent of rural women (48.46%) stated that lack of adequate time as their main constraint in adoption of home science technologies.

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■ **KEY WORDS:** Adoption, Knowledge, Capacity, KVK, Rural women, Training and youth

■ **HOW TO CITE THIS PAPER :** Dudi, Aishwarya (2020). Empowering rural women through KVK's training programmes: an impact assessment. *Asian J. Home Sci.*, **15** (2) : 289-296, DOI: 10.15740/HAS/AJHS/15.2/289-296. Copyright@ 2020: Hind Agri-Horticultural Society.