

Development of pearl millet (*Pennisetum glaucum*) products

R.H. Gore, T.N. Khan and J.P. Nerlekar

Pearl millet is rich and inexpensive source of dietary fibre, protein, iron, calcium, minerals, protein, B-vitamins, potassium, phosphorus, magnesium, zinc-copper and manganese. Food based approaches have higher potential for achieving far reaching and long lasting benefits for the control of iron and other micronutrient deficiencies, therefore, there is a need to identify nutrient rich foods that can be produced inexpensively to meet the nutrient requirements for vulnerable groups. Iron content of pearl millet is 8 mg/100g. Thus, utilizing pearl millet four iron rich product were developed namely *Pearl pop*, *Pearl pop chiwada*, *Pearl pop chikki* and *Pearl pop namkeen*. Developed products were evaluated for acceptability and highly accepted variation was subjected for nutrient analysis.

Key Words : Development of iron rich products, Acceptability, Nutrient analysis

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