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## **RESEARCH PAPER**

## Phytochemical and anti-oxidant analysis in Pandanus tectorius of Andaman and Nicobar Islands

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Abstract : Pandanus tectorius belongs to Pandanaceae family distributed all around benefitting the life of people nearby which could be well picturized among the tribals of Andaman and Nicobar Islands in the way that the plant parts have outstanding medicinal properties whereas the thatched leaves were used for roof construction, bags and hats. The medicinal property may be due to the presence of certain phytochemicals and antioxidants. In this degree, studying the nutritional, anti-nutritional and physicochemical properties with propounded antioxidant activities in the leaf and fruit parts of P. tectorius collected from three different locations of Andaman and Nicobar Islands came up with flourishing information that the pulp had significantly high carbohydrate ( $20.073 \pm 0.043\%$ ), ascorbic acid ( $4.080 \pm 0.026\%$ ), phenols ( $2.667 \pm 0.039\%$ ), flavonoid ( $0.359 \pm 0.05\%$ ), tannins  $(5.363\pm0.136\%)$ , oxalates  $(0.573\pm0.048\%)$  and good TSS  $(7.413\pm0.028\%)$  content with added hydroxyl RSA  $(88.5\pm0.278\%)$  and superoxide anion RSA (78.11±0.026 %). The seeds also contained significantly high protein (12.830±0.105 %) and saponin (6.273  $\pm 0.047$  %) content with magnificent DPPH (97.533  $\pm 0.001$  %) activity. The leaves also had good concentration of chlorophyll (4.89  $\pm 0.033 \,\mu g/g$ ) and carotenoids (8.22  $\pm 0.036 \,\mu g/g$ ) revealing that the plant parts of *P. tectorius* of Andaman and Nicobar Islands have potent antioxidant and anti-cancerproperties standing as a better nutritional initiative.

Key Words : Pandanus tectorius, Nutritionals, Anti-nutritionals, Physicochemicals, Antioxidants

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