



A REVIEW

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Pro health benefits of wood– A sustainable biophilic material

M. V. Durai

ABSTRACT : The nature and its elements provides happy and healthy life to man since the mind and body seeks nature for normal functioning. Natural wood gives many pro health benefits to the people. This paper reviews the pro health benefits of woodland and wood in public places, offices and indoors in details.

KEY WORDS : Wood, Pro health, Nature, Material, Benefits

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ADDRESS OF THE CORRESPONDENCE

M. V. Durai, Division of Silviculture and Forest Management, Institute of Wood Science and Technology, Malleswaram, **Bengaluru (Karnataka) India**
Email: duraimv@gmail.com