



## RESEARCH PAPER

# Hygiene and common health related problems prevalent in slum area of Varanasi

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**Abstract :** In modern times, it has become so important to take care of one's health and hygiene. With the rising population levels, pollution levels, emission of harmful gases, it has to be a priority for everyone to maintain their health and hygiene. Health and hygiene is interrelated with each other. The present study was conducted on the hygiene and common health related problems in slum area of Varanasi. An interview method was used to collect the information regarding health and hygiene. In this study only 44 per cent respondents were adopted handwash practices and 66 per cent women suffered from anaemia. 30 per cent of women had irregular menstrual cycle whereas 25 per cent of women suffered from urinary tract infection. Almost half of the women had inflammatory problems related to joints and abdomen.

**Key Words :** Hygiene, Interrelated, Anaemia, Emission

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