

Behavioural problems among school children in selected schools of Dharwad district

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■ **ABSTRACT :** The study on behavioral problems among school children aged 8-12 years was conducted in the Dharwad district. For the study, two taluks from Dharwad district namely, Dharwad and Navalagund were randomly selected and from these taluks two each villages were selected. From these four villages, 85 children from first village, 120 from second village, 49 from third village and 54 from fourth village were randomly drawn. Hence, the final sample comprised of 277 children. CBCL-Teacher Report Form developed by Achenbach *et al.* (2001) was used to identify the problem behaviour in children. The results revealed that 51.6 per cent of children were in clinical range and 31.8 per cent in borderline. Only 16.6 per cent were in the normal range. The prevalence of Internalizing problems showed that nearly 52 per cent children were in the clinical range followed by 24.5 per cent in borderline. Similarly for the externalizing problems, 33.9 per cent children were in the borderline and 31.0 per cent in the clinical range. But, 35 per cent were in the normal category. About 49.1 per cent children had somatic complaints, 44.8 per cent had thought problems, 43.3 per cent withdrawn, 41.9 per cent social problems, 39.0 per cent anxious/depressed, 27.4 per cent aggressive, 23.1 per cent with rule breaking and 12.6 per cent had attention problems. Hence, there is need to reduce their problematic behaviour through mental health improvement and positive parenting programmes.

■ **KEY WORDS:** Problem behaviour, Prevalence, Externalizing problems, Internalizing problems

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