



A REVIEW

A review on medicinal properties of *Pleurotus ostreatus*

Sunil Kumar, Shivam Singh*, Akshay Kumar Ruhela, Rohit Bhatia, Subham Saurabh and Tummala Sirichand
Department of Plant Pathology, School of Agriculture, Lovely Professional University, Phagwara (Punjab) India
(Email: shivam.23596@lpu.co.in)

Abstract : Mushroom are eaten and liked by people all over the world not only because of their taste, aroma or nutritive values in food but also because of their medicinal properties. They are beneficial for human or animal health due to presence of active polysaccharide which boosts our immune system as well as prevent cell or microorganism growth which is harmful for our body. The extracted drug and oral doses both are efficient in prevention of many harmful biological effects like HIV, polio, inflammation, cancer, tumor, or virus growth. With their potential value and scavenging effect they are most significant functional food and can be used as food supplement.

Key Words : Pleurotus ostreatus, Medicinal properties, Antioxidant, Oyster mushroom, Active polysaccharide

View Point Article : Kumar, Sunil, Singh, Shivam, Ruhela, Akshay Kumar, Bhatia, Rohit, Saurabh, Subham and Sirichand, Tummala (2021). A review on medicinal properties of *Pleurotus ostreatus*. *Internat. J. agric. Sci.*, 17 (2) : 681-684, DOI:10.15740/HAS/IJAS/17.2/681-684. Copyright@2021: Hind Agri-Horticultural Society.

Article History : Received : 28.02.2021; Accepted : 15.03.2021