



RESEARCH PAPER

Analyzing the impact of NSS in social skills and emotional management skills by the volunteers

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Abstract : The National Service Scheme (NSS) is an Indian government-sponsored public service program conducted by department of Youth Affairs and Sports of the Government of India which was begun in 1969. Its primary aim is personality development through social (or community) service. The NSS motto is “Not Me, Not You but We”. The National Service Scheme (N.S.S.) was started to establish a meaningful linkage between the campus and the community. It brings our academic institutions closer to society. It includes the spirit of voluntary work among the students and teachers through sustained community interaction. The objective of study is to analyze the impact of NSS in emotional management skills and social skill gained among the volunteers. The area of the present study has been chosen between Tamil Nadu and Assam. 600 NSS volunteers were selected as a sample for the study. The results reveals the positive impact of NSS before after joining in NSS among the volunteers. Through NSS volunteers become emotionally stable and socially confident than before.

Key Words : NSS, Volunteers , Social skill, Emotional management skill

View Point Article : Saikia, Kashmiri and Rajalakshmi, S. (2022). Analyzing the impact of NSS in social skills and emotional management skills by the volunteers. *Internat. J. agric. Sci.*, **18** (1): 215-218, DOI:10.15740/HAS/IJAS/18.1/215-218. Copyright@ 2022: Hind Agricultural Society.

Article History : Received : 20.08.2021; Revised : 22.09.2021; Accepted : 15.10.2021