



## RESEARCH PAPER

# Parenting stress: Area wise comparison of mothers and fathers of disabled children in Haryana

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**Abstract :** Parenting is a challenging process. The crucial role of parents and family in caring, nurturing, protecting and socializing young children is well established across the cultures. Parenting stress may undermine the quality of parent-child interactions as well as the quality of relationships between parents; it also has been linked to behaviour problems in young children. The present study was conducted in Haryana state. Two districts were selected from Haryana state *i.e.* Hisar and Sirsa. The location was selected purposively due to availability of sample. 200 parents (mothers and father) were selected randomly from both the location for the sample. Parenting Stress Index-short form (PSI-SF) developed by Abidin in 1995 was used to assess the parenting stress among parents. Result revealed that highly significant difference was observed between Sirsa district and Hisar district on the aspect of parenting stress. The mean score showed that parents of Sirsa district have higher level of parenting stress than parents of Hisar district.

**Key Words :** Parenting stress, Disabled children, Behavior problems, Health condition, Non-communicable diseases

**View Point Article :** Rani, Pinki, Singh, C. K. and Rajpal (2022). Parenting stress: Area wise comparison of mothers and fathers of disabled children in Haryana. *Internat. J. agric. Sci.*, 18 (2) : 744-746, DOI:10.15740/HAS/IJAS/18.2/744-746. Copyright@ 2022: Hind Horticultural Society.

**Article History :** Received : 05.04.2022; Revised : 13.04.2022; Accepted : 16.05.2022

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