



A REVIEW

Role of edible cactus *Caralluma fimbriata* as a potent therapeutics

V. M. Vyshali, H.S. Ravikumar Patil*, K.R. Maruthi, Shivabasappa Kandkur, L. Vikas **and** Rajashree G. Mavinkurve
Department of Food Technology, Davangere University, Shivagangotri, Davangere (Karnataka) India
(Email: patil_varuni@davangereuniversity.ac.in)

Abstract : The plant *Caralluma fimbriata* is one of the edible cactus belong to the family Apocyanaceae. The plant is used by the common people and the Indian tribes to suppress appetite and enhance endurance. *Caralluma* species are being consumed as vegetable as raw or cooked in the form of pickle or chutney in Kerala, Andhra Pradesh, southern and western parts of India. Some of the constituents like pregnane glycoside, flavonoglycosides, saponins, flavonoids of the plant elicit numerous therapeutic effects. *Caralluma* species are known for its therapeutic effect such as hunger suppressant, anti diabetic and anti obesity, anti-inflammatory, anxiolytic, analgesic, anti oxidant, anticancerous activity. More studies need to be carried out on *Caralluma* species to exploit its medicinal properties.

Key Words : Edible cactus, *Caralluma fimbriata*, Potent therapeutics

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