

RESEARCH ARTICLE

Value addition in tamarind (*Tamarindus indica* L.) an underutilized fruit in India

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SUMMARY

Tamarind (*Tamarindus indica* L.) is a leguminous and a perennial fruit crop revealing its potential as a viable resource vegetable of excellent nutrition and available in abundant in India. It has multiple uses -food, fodder, fuel, timber, medicinal and other uses but still this fruit is neglected and underutilized fruit. For creating the awareness among farm women regarding the medicinal use and scientific preservation techniques along with the value addition in the tamarind products, a vocational training was organised by Krishi Vigyan Kendra, Ujjain M.P. at village Kalyanpur a one of the adopted Nutri Smart village in collaboration with ICDS and KVK. Purposively total 19 girls and farm women were selected who were interested and looking for establishing small scale business. 31.6 % were belongs to the 18-25 age group where as 53.15 % were dwelt in 25-30 yrs and only 5.26 % in the category of 30-35 yrs age group. Exclusive value added products were introduced to the participants viz., beverage, mouth freshener, pulp, gatagat and also the liquid for washing utensils. All the products were shown practically. Pre and post evaluation was assessed for evaluating the knowledge in respect to all the aspect of training as well as the use of underutilised fruit- Tamarind. The knowledge was increased more than 80.00 percent in post evaluation. There is a bright future for underutilised fruits in respect to earning income.

Key Words : Tamarind, Farm women, Underutilised fruits

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