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Cultivation technology of shiitake mushroom

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Taxonomy:

Kingdom: Fungi

Division : Basidiomycota
Class : Agaricomycetes
Order : Agaricales
Family : Marasmiaceae
Genus : Lentinula
Species : edodes



Introduction: Shiitake mushroom is native to Asian continent and it is mainly reported from China, Japan and Korea since ancient time onwards. This is a parasitic mushroom and grows on live woods. Shii in Japan refers to the tree Castanopsis cuspidata and wood logs of this tree are earlier used for cultivation of this mushroom. Further "take" means mushroom in Japanese language. The name of shiitake is derived by combining these two words. It is also referred as sawtooth oak mushroom, black forest mushroom, black mushroom, golden oak mushroom and oakwood mushroom.

Shiitake mushroom occupies the second rank in world mushroom production next to button mushroom. But this mushroom is not common in India and scattered reporting are available for cultivation of this mushroom. Research on shiitake is available in significant amount both on production as well as medicinal studies from this mushroom.

Nutritional value: The nutritional profile of shiitake mushroom varies with the mushroom strain, substrate used, incidence of pest and diseases and other management factors.

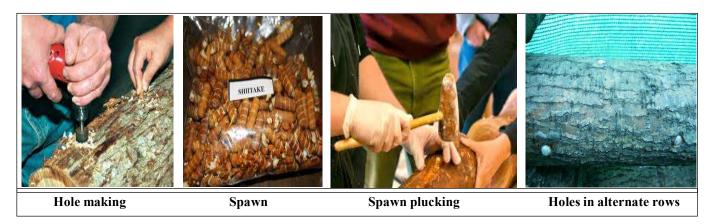
Cultivation technology: Saw dust is the base material for this mushroom as it is wood inhabitating fungi. Wheat bran is added as a nitrogen supplement whereas gypsum and lime is added to maintain the substrate pH at 5.5-6.0. In case of wood log method of cultivation, woods of suitable is used as a substrate.

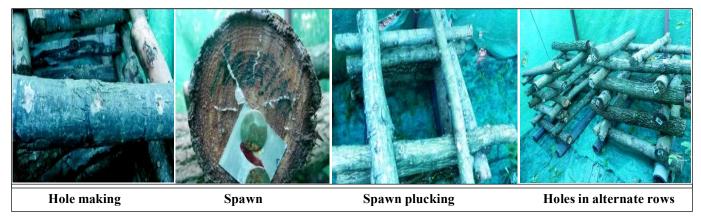
Methods of cultivation:

Sr. No.	Nutritional parameter	Content
1.	Protein (%)	18.85
2.	Carbohydrate (%)	63.60
3.	Fat (%)	1.22
4.	Vitamin D (IU/g)	205
5.	Sodium (mg/kg)	82.49
6.	Potassium (%)	2.10
7.	Iron (mg/kg)	37.55
8.	Manganese (mg/kg)	17.48
9.	Zinc (mg/kg)	89.63
10.	Selenium (mg/kg)	Traces

Natural log cultivation: This cultivation technology is one of the earliest methods adopted by people. Peoples believe that mushroom from wood logs are superior in quality compared to mushrooms from synthetic log method. Species suitable for wood log cultivation are *Quercus* spp., Castenopsis chinensis, C. tissa, C. fordil, C. lamontii, Elaeocarpus chinenses, E. japonicus, E. lancaefolius, Lithocarpus calophylla, L. glaber, L. spicatus, Betula lutea, B. nigra, Salix nigra, Carpinus laxiflora, Alnus serrulata and others. The middle aged green woods need to be selected and cut (10-15 cm diameter) in winter as wood contains more nutrients and thick, attached bark during winter season. Summerwood produces low yield because of loose bark and low nutrients. Cut woods are kept as such for next 10-15 days to dry the excess moisture in wood and to keep the moisture content around 60%. Excessive moisture invites diseases whereas dry wood poorly supports the mycelial growth.

Holes (1 x 1 x 2 cm) are made in dried logs at a distance of 15 cm in a row. One row of hole is required for every 2.5 cm diameter of wood. Holes are made in adjacent row in alternate fashion so that it gives diamond pattern. Spawn is filled in the holes softly and sealed with paraffin wax. Similarly wax is applied on both cut ends as





it avoids moisture loss from cut ends. These logs are placed in shade as flat pile with sufficient space. This reduces moisture loss and provides apt light exposure to wood logs. Spawn run completion needs minimum of 6-18 months. In summer, pile needs to be covered with straw or gunny bags to prevent moisture loss.

The spawn-run completed logs are subjected to coldwater immersion for 24 hour in summer or kept at 10-15°C in winter to promote fruiting. These logs are leaned against some supports and the surrounding temperature is maintained at 15-20°C and humidity at 80-90%. Mushroom starts appear after two to three months and are harvested upto 3 times in a flush. Resting period of 30-40 days is required between flushes. In a year 3-4 crops obtained and one inoculation produces mushrooms upto 6 years.

Synthetic log method: Saw dust and wheat bran is mixed together in 80:20 proportions and water added to obtain 60% moisture. The substrate pH is stabilized at 5.5 to 6.0 with the help of gypsum and lime. One kg of prepared







Table: Comparison of log and bag method of cultivation			
Parameter	Log method	Bag method	
Substrate used	Wood log	Saw dust and wheat bran	
Spawn run period	8-12 months	60 days	
Biological efficiency	10-15 %	>60 %	
Package of practices	Lengthy and arduous	Shorter and easier	
Mushroom quality	Excellent	Good	
Production period	> 3 years	8 months	
Market supply	Irregular	Regular	

substrate is filled in poly bags and sterilized in autoclave at 15 psi pressure for two hours. Spawn is inoculated to these sterilized bags at the rate of 2-3 %. These inoculated bags are kept in growing rooms at $21\pm1^{\circ}\text{C}$ for spawn run. Four hour light exposure on daily basis is needed during spawn run. Spawn run completes in 60-80 days. After colonization of mycelium on the surface, it turns yellow and subsequently small mycelial buffs formed all over the surface.

After buff formation, polythene bags are removed. Now cropping room is maintained at 19°C and 2000-3000 ppm of CO₂ through cooling and fresh air introduction. Light watering is needed daily or depending upon the moisture content. Excessive watering causes black

surface which reduces yield at later stage. With progress of time, substrate become brown and pin head starts appearing.

Soaking of substrate in cold water (12°C) for 3-4 hour is required at this stage for fruit body initiation. Now cropping room temperature is reduced to 18°C. First flush of mushroom starts within 10-12 days. Mushroom is harvested by twisting and sharp cutting. The second and third flush requires cold water soaking for 12 and 18 hours, respectively. The production cycle by this method is 3-4 months. It yields about 60-80 per cent biological efficiency.

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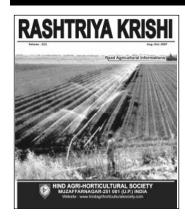
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